Sophie Seita Queer Writing and Performance Workshop for queer young people

Offered at:

- <u>Hoxton253</u>, February 2022
- <u>The Kite Trust</u>, an LGBTQ+ charity supporting the wellbeing and creativity of LGBTQ+ young people in Cambridgeshire, Peterborough and surrounding areas, May and June 2019

Description:

In this workshop, we will take inspiration from queer, trans, and non-binary thinkers, writers, and artists, in guiding us towards a number of creative experiments, using:

- writing
- embodiment/movement (including: sitting, standing, walking, and simple performative gestures)
- reading and discussion
- sonic meditation

This is the second workshop in the context of the exhibition *There's no way I can know it, the object, or the body* which will be led by the artist and writer Sophie Seita. Both workshops foreground a spirit of playfulness and exploration. Participants will be invited to experiment with ideas around spontaneity and intuition, mistakes and imperfection, habits and repetition, voice, listening, curiosity, and joy.

No background knowledge or previous experience is necessary and all are welcome.

Who is this workshop for:

Priority access given to Hackney-based queer residents aged 18-25.

If you are not a Hackney resident or aged over 25, and would like to join the waiting list, please let us know via a quick email (info@hoxton253.com) with the workshop title in the subject. We will get back to you before the event if there are available spots left.

The gallery has step-free access and is wheelchair accessible. Please don't hesitate to contact us about any access requirements.